

## CAMPING TRIPS EQUIPMENT LIST

### BOATING GEAR

WET-GEAR DUFFLE BAG  
PADDLE, SKIRT, LIFE VEST, HELMET  
TWO POLYPROPYLENE SHIRTS  
SPRAY JACKET OR DRY TOP  
RIVER SHOES  
SHORTS  
SKULL CAP (OPTIONAL)  
WATERBOTTLE  
DRY BAG  
FIRST AID KIT (OPTIONAL)  
THROW ROPE (OPTIONAL)  
NOSE CLIP (OPTIONAL)

### PERSONAL GEAR

DRY-GEAR DUFFLE BAG  
SHAVING KIT  
TOOTH BRUSH AND PASTE  
HAIR BRUSH/COMB  
SOAP AND TOWEL  
TWO CHANGES OF CLOTHES  
FLEECE JACKET  
SUN SCREEN  
TENNIS SHOES  
SLEEPING BAG DOWN TO 30  
PLASTIC COFFEE MUG, METAL SPOON  
FLASHLIGHT  
FOAM PAD, PILLOW  
INSECT REPELLANT

EXPECT TEMPERATURES BETWEEN 55 -80 DEGREES DURING THE DAY; AND AS LOW AS 30 AT NIGHT. WATER TEMPERATURES ARE 65 - 75.